

The mission of the Auburn School District's Employee Assistance Program (**EAP**), provided through Health Venture, is to help employees find solutions to life's challenges.

What does an EAP provide?

EAP offers employees, and their family members, professional assistance with a variety of life issues – at no cost to you. From counseling services, to financial planning and legal assistance, to online resources and will preparation, your EAP has professionals that can help.

What types of support and services are provided?

You and the members of your household are entitled up to 5 consultations with a licensed clinician per incident, per individual, per calendar year. Telephone or online services and/or resources are also available in areas such as legal services, financial services, childcare and eldercare assistance, identity theft recovery services, daily living services, and much more.

Is there a cost to the employee or household member?

There is no cost for services covered by the EAP. If you decide you want services not included, then you will have to arrange and pay for those services separately.

Are EAP services confidential?

YES. Employee information of anyone who utilizes EAP services is not provided to the ASD. This information is kept confidential.

Health Venture

Employee

Assistance

Program

EAP is a free and confidential counseling and referral service available to all eligible members and their families.

Professional counselors meet with you to define the problem and develop a course of action.

They provide help in the following areas;

- D Family concerns
- D Personal Pressures
- D Relationship Conflict
- D Alcohol or Drug Dependence
- D Depression
- D Life Crisis
- D Financial Concerns

Questions?

Want to call for an appointment?

253-572-5552 or 1-800-447-8327